What Is Henna and What Do People Use It For?

By: Afsana Begum and Lucky Begum

Henna is a paste that is bought in a cone shaped tube and is made into designs for men and women, especially for women. Mostly the Asian people use henna. For example Bangladesh, India, Pakistan, Uzbekistan and Afghanistan. Also the other parts in the world including Algeria, Saudi Arabia, Somalia, Tunisia and Turkey people use henna. For any kind of holidays and in wedding women take henna tattoos. For Muslim people they use henna on “Eid” days. Indian people use henna on any special occasions. Some people use henna on their hair too, because they want to make their hair colorful and beautiful. Also natural henna helps the roots of the hair to grow stronger. However, the fake black henna contains chemicals, which can stain skin quickly.

In the picture these two designs are very rare and beautiful. Those hands are two Uzbek girls. This henna tattoo was designed when they had their new year.

Poetry Festival May 8th

Thursday, School Cafeteria, 3:45

Everyone is welcome — read something you have written, listen to the work of others!


April 28, May 5, May 7 — 2:30 to 4pm